

CHILDRENS TIMETABLE - WEEK COMMENCING 8TH JANUARY 2024



MONDAY

| TIME | ACTIVITY | TYPE | ABILITY / AGE | INSTRUCTOR |
|-----------|------------------------------|--------------|---------------|--------------|
| 0815-0900 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1130-1345 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1400-1630 | Water Babies (£) | Swim | Baby | Water Babies |
| 1400-1615 | Kids Lane (no shallow end) | Swim | All | n/a |
| 1615-1915 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1700-1800 | Fitness Fun | Condi/Cardio | 5-12yrs | Ben |

TUESDAY

| TIME | ACTIVITY | TYPE | ABILITY | INSTRUCTOR |
|-----------|------------------------------|-------|---------|--------------|
| 0900-0945 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1215-1300 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1300-1600 | Kids Lane (no shallow end) | Swim | All | n/a |
| 1330-1600 | Water Babies (£) | Swim | Baby | Water Babies |
| 1600-1945 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1700-1800 | Stage Stars | Dance | 4-12yrs | Laura |

WEDNESDAY

| TIME | ACTIVITY | TYPE | ABILITY | INSTRUCTOR |
|-----------|------------------------------|-------|---------|--------------------|
| 0815-0900 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1230-1315 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1430-1815 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1600-1900 | Swimming Lessons (£) | Swim | 3+ | Georgina / Annetta |
| 1700-1800 | Cheerleading (Kids) | Dance | 4-12yrs | Hannah |

THURSDAY

| TIME | ACTIVITY | TYPE | ABILITY | INSTRUCTOR |
|-----------|------------------------------|------|---------|-----------------|
| 0900-0945 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1245-1930 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1600-1900 | Swimming Lessons (£) | Swim | 3+ | Georgina / Josh |

FRIDAY

| TIME | ACTIVITY | TYPE | ABILITY | INSTRUCTOR |
|-----------|------------------------------|------|---------|--------------|
| 0830-1000 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1145-1400 | Kids Lane (no shallow end) | Swim | All | n/a |
| 1145-1415 | Water Babies (£) | Swim | Baby | Water Babies |
| 1545-1930 | Kids Lane (with shallow end) | Swim | All | n/a |

SATURDAY

| TIME | ACTIVITY | TYPE | ABILITY | INSTRUCTOR |
|-----------|------------------------------|--------|---------|------------------|
| 0830-1330 | Swimming Lessons (£) | Swim | All | Georgina / Grace |
| 0830-1345 | Kids Lane (with shallow end) | Swim | All | n/a |
| 1145-1245 | Kids Martial Arts | Combat | 7-12yrs | Neil |
| 1345-1815 | Kids Lane (no shallow end) | Swim | All | n/a |
| 1400-1800 | Water Babies (£) | Swim | Baby | Water Babies |
| 1815-1945 | Kids Lane (with shallow end) | Swim | All | n/a |

SUNDAY

| TIME | ACTIVITY | TYPE | ABILITY | INSTRUCTOR |
|-----------|------------------------------|------|---------|------------|
| 0900-1800 | Kids Lane (with shallow end) | Swim | All | n/a |